



2020 ASIAN WEIGHTLIFTING CHAMPIONSHIPS
(Qualification Event for 2020 Tokyo Olympic Games)
16-25 April 2020 at Nur-Sultan, Kazakhstan



**ASIAN WEIGHTLIFTING
CHAMPIONSHIPS**

KAZAKHSTAN, NUR-SULTAN

2020

REGULATIONS

WFRK.KZ



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REGULATIONS
2020 ASIAN WEIGHTLIFTING CHAMPIONSHIPS

1. Dates and Place

16 – 25 April 2020, Nur-Sultan, Kazakhstan

2. Competition Venue & Training Venue

Combat sports palace “Jekpe-Jek Saraiy”

Address: 41 Kabanbai Batyr Road, Nur-Sultan, Kazakhstan

Distance from accommodation: 5 km / 10 minutes

3. Accommodation

- **RADISSON HOTEL**
(4, Saryarka Avenue, Nur-Sultan, Kazakhstan)
- **PARK INN by RADISSON HOTEL**
(8A, Saryarka Avenue, Nur-Sultan, Kazakhstan)

Participants must accept accommodation to stay at the official hotel offered by the organizing committee. A minimum stay of 4 (four) nights is required for all participants.

Please noted: Check-in is after 14:00, check-out is before 12:00

4. Financial Conditions

Single room: 140 USD per person/ per day/ with three meals

Double room: 120 USD per person/ per day/ with three meals

Entry fee: 120 USD per person

Anti-doping Fee: 50 USD per athlete

• **Hotel”No-Show” and Cancellation Charge:**

If one or more delegation members do not arrive on the date specified on the Final Accommodation and Transportation Form and have not informed to Local Organizing Committee (LOC) by 15 days before the scheduled arrival date, the delegation must pay to LOC the charge of "No-Show" per person (below).

No-show or Cancellations charge rates are as follows:

Until 15 days before: no charge

14 days - 2 days before: 70%

1 day before (or No-show on the reservation day): 100%



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5. Methods of Payment

- 100% cost must arrive on 01 April 2020 to the account of Weightlifting Federation of the Republic of Kazakhstan (WFRK). If you are paying by wire transfer, please ask your bank and consider the time it takes to process the transfer in order for the payment;
- After 01 April 2020 all payment shall be paid by cash in US dollars upon arrival to the Organizing Committee;
- Bank details:

Beneficiary Bank: JSC Halyk Bank
Account Name: Weightlifting Federation of the Republic of Kazakhstan
Account No.: KZ986 018 821 000 493 951
SWIFT Code: HSBKKZKX
Address: 40 Al-Farabi ave., A26M3K5, Almaty, Kazakhstan

Correspondent Bank: The Bank of New York Mellon
Correspondent account: 8900372605
SWIFT Code: IRVTUS3N
Address: The Bank of New York Mellon, New York, USA

- All payments must be made in US dollars currency and any bank charges for transfers or other transactions are the responsibility of the Member Federation;
- No accommodations, meal vouchers or accreditations will be offered to any delegations' member until the LOC has received payments in full;
- NOTE: For any nation not providing Entry forms before the deadline in a correct way, the LOC will not guarantee the price and type of the room written in the regulation.

6. Entries, Forms

Entries shall be registered through the IWF E-Entry System:

https://www.iwf.net/e-entry_nursultan

PRELIMINARY ENTRY

The Preliminary Entries must be uploaded into the IWF E-Entry System by not later than **16 February 2020**.



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FINAL ENTRY

The Final Entries must be confirmed in the IWF E-Entry System by not later than **15 March 2020**.

The following documents must be returned to the following address:

awc2020@wfrk.kz

Visa Application Form	by 16 February 2020
Copies of all Passport and Photos	by 16 February 2020
Team Accommodation Form	by 15 March 2020
Transportation Form	by 15 March 2020
Team Calculation Form	by 15 March 2020

For media:

All media participants must be approved in advance.

Please submit the Media Accreditation Form to:

- awc2020@wfrk.kz
- awfederation@yahoo.com
- info@awfederation.com

Deadline is **15 March 2020**.

7. Visas

All participants must apply for Kazakhstan visas before entering Kazakhstan. Please fill in the Visa Application Form and return it together with passport copies before 16 February, 2020 to E-mail: awc2020@wfrk.kz

Organizing Committee will supply visa invitation letters to all federations/associations if they provide all the required documents on time.

The visa regime of the Republic of Kazakhstan with other countries can be found at the following link: <http://mfa.gov.kz/en/content-view/vizovyj-rezhim-rk-s-drugimi-gosudarstvami>

LOC CANNOT GUARANTEE THE VISA INVITATION LETTER IF PARTICIPANTS SEND THEIR DOCUMENTS LATER THAN THE DEADLINE

Important note: Visa application will be processed in a minimum of two weeks, after which an invitation letter will be sent. Passport expiry date must be after 25 October 2020. **Visa on arrival can be issued ONLY at the airports of Nur-Sultan and Almaty cities**

8. Accreditation

The Accreditation will take place at RADISSON HOTEL

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9. Anthem

Each Member Federation should bring two (2) national flags sized 100x150cm and the national anthems on USB drive. This must be submitted upon arrival/accreditation to LOC

10. Transportation

The LOC will provide shuttle bus from the Nursultan Nazarbayev International Airport (TSE). Participants must provide their full and accurate flight schedule by 15 March 2020.

- Transportation forms shall state which airline, flight number and times each delegate will be arriving and departing on. Any change in travel schedule must be communicated on time;
- Onsite transportation changes or new requests are not guaranteed to be accommodated;
- Local shuttle bus will be provided for all participants to get to the venues (accommodation, meetings, competition/training venue and any other official program).

11. Competition Regulation

The 2020 Asian Weightlifting Championships will follow the IWF Technical and Competition Rules and Regulations (TCRR)

12. Terms and Conditions of Participation

Only national federations/associations affiliated in the IWF/AWF are eligible to participate in the event.

Accredited Participants – athletes, team officials, technical officials (ITO), media, guests, etc. must:

- Acknowledge and fully comply with IWF Constitution and By-Laws, TCRR, Anti- Doping Policy (ADP);
- Abide by all reasonable directions given by the IWF/AWF, LOC, TOs;
- Should accept any prize or award given by IWF/AWF and /or LOC/sponsors, and will attend all special award ceremonies where prizes or awards are presented;
- Should attend Press Conference upon request of IWF/AWF/LOC;
- Should not participate in, support, or promote illegal betting;
- Should be responsible for all property they bring into the Event – the IWF/AWF and/ or LOC shall have no responsibility in any loss or damage of this property;
- Should irrevocable release IWF/AWF & LOC from liability for any loss, injury, or damage that they may suffer in relation to their participation in the Event;



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- Should guarantee that they participate in the Event with the permission of their parent(s) or guardian(s) in case they are minors;
- Should acknowledge that by not following the above mentioned terms and conditions, sanctions may be imposed;
- Agree that entry is subject to payment of all fees inclusive of entry, anti-doping, accommodation, food and transportation payment prior to use of any LOC or IWF/AWF facility, or for airport transfers;
- Should acknowledge that no accommodation or arrangement is guaranteed until full payment is received in advance;
- All participating Federations/Associations should undertake full moral and financial responsibility of their registered/accredited delegates with regard to their health and wellness, and in the case of accidents or damages not attributable to the LOC.

13. Eligibility

Participating athletes must be 15 years of age and over (year of birth 2005 or earlier).

With reference to Article 5.6.5 of the IWF Anti-Doping Policy, an Athlete who is not listed on the IWF's Registered Testing Pool but wishes to participate in an IWF Event shall provide accurate and complete whereabouts information as set out at Annex I of the International Standard for Testing and Investigations for a period of at least **two months prior (by 8 February 2020)** to the IWF Event in question.

An athlete who does not comply with this provision is not eligible to compete at this event.

14. Bodyweight Categories

MEN: 55kg, 61kg, 67kg, 73kg, 81kg, 89kg, 96kg, 102kg, 109kg, +109kg
WOMEN: 45kg, 49kg, 55kg, 59kg, 64kg, 71kg, 76kg, 81kg, 87kg, +87kg

15. Awards

Gold, silver, and bronze medals will be awarded in Snatch, Clean & Jerk, and Total in each bodyweight category.

Team trophies will be awarded to the best six teams respectively for both Men's and Women's competitions in accordance with IWF Team Classification.

Trophies will be awarded to the Best Lifter in the Men's and Women's events.



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16. Doping Control

Doping Control will be conducted in accordance with the IWF Anti-Doping Policy.

17. Barbell

IWF approved barbells will be used during the competition and training.

18. Insurance

According to IWF Regulations, all participants must be under coverage for travel and accident/injury issuance by their respective Federations before their departure from their hometown.

19. Temperature

The average Nur-Sultan, Kazakhstan temperature during the Championships will be approximately between 0-10 degrees on Celsius. Electricity in Kazakhstan is 220 Volt.

20. Contact

Asian Weightlifting Federation
P.O. Box 2473, Doha, Qatar
Email: awfederation@yahoo.com
and info@awfederation.com

Weightlifting Federation of the Republic of Kazakhstan

Local Organizing Committee

Mr. Aldiyar Nuralinov (General Contact)
Tel: +7 (7172) 769 005 / +7 771 702 40 04
Address: Office 201, Building 18, Turan Avenue, Nur-Sultan, Kazakhstan
Email: awc2020@wfrk.kz
office@wfrk.kz



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Preliminary Time Table

Thursday, 16 April		Delegation arrival	
	10:00	Technical, Medical, Coaching, Research & Scientific Committee Meetings	
	14:00	AWF Executive Board Meeting	
	18:00	Final Entries Verification & Team Manager's Meeting	
Friday, 17 April	08:00	Congress Registration	
	09:00	AWF Congress	
	14:00	Technical Official Briefing	
	16:00	Coaching Seminar	
	18:00	Anti-Doping Seminar	
Saturday, 18 April	10:00	Woman 45 kg	B
	11:45	Woman 49 kg	B
	13:30	Men 55 kg	B
	15:40	Opening Ceremony	
	17:00	Woman 45 kg	A
	20:00	Woman 49 kg	A
Sunday, 19 April	10:00	Woman 55 kg	B
	11:45	Men 61 kg	B
	14:00	Men 55 kg	A
	17:00	Woman 55 kg	A
	20:00	Men 61 kg	A
Monday, 20 April	11:00	Woman 59 kg	B
	14:00	Men 67 kg	B
	17:00	Woman 59 kg	A
	20:00	Men 67 kg	A
Tuesday, 21 April	11:00	Woman 64 kg	B
	14:00	Men 73 kg	B
	17:00	Woman 64 kg	A



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	20:00	Men 73 kg	A
Wednesday, 22 April	14:00	Men 81 kg	B
	17:00	Woman 71 kg	A
	20:00	Men 81 kg	A
Thursday, 23 April	10:00	Woman 76 kg	B
	11:30	Men 89 kg	B
	14:00	Men 96 kg	B
	17:00	Men 89 kg	A
	20:00	Woman 76 kg	A
Friday, 24 April	10:00	Woman 87 kg & +87	B
	11:45	Men 109 kg	B
	14:00	Woman 81 kg	A
	17:00	Woman 87 kg	A
	20:00	Men 96 kg	A
	22:15	Men +109 kg	B
Saturday, 25 April	09:00	Men 102 kg	A
	12:00	Men 109 kg	A
	15:00	Woman +87 kg	A
	17:30	Men +109 kg	A
Sunday, 26 April	Delegation departure		

*****Please note: Time schedule subject to be changed after the verification of final entries*****